



TTI
SUCCESS
INSIGHTS®

Stress am Arbeitsplatz

Gruppenbericht

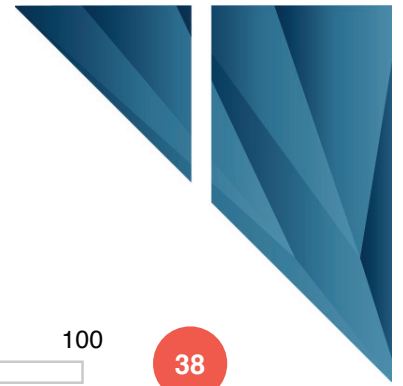
Manufacturing Department

XYZ Corp.

4-15-20

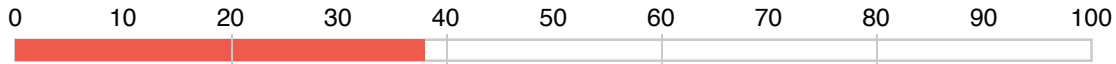
Auszug

Gruppenbericht



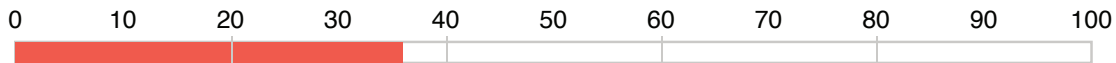
Gruppen Stress Index Summary

Anforderungs-/ Beanspruchungs Index



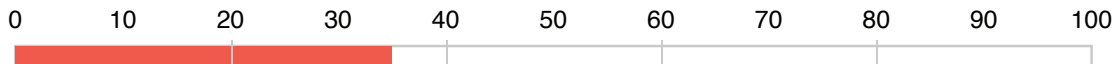
38

Aufwand-/ Anerkennungs Balance Index



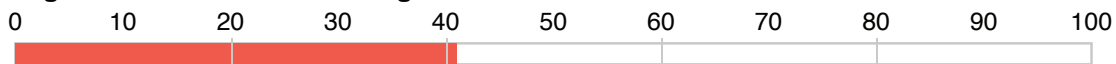
36

Control Index



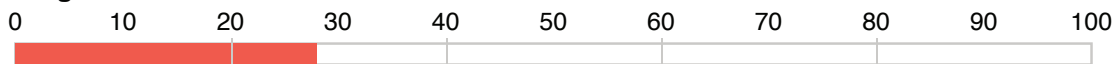
35

Organisatorische Veränderungen Index



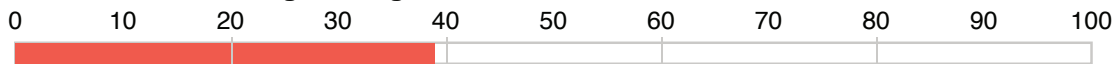
41

Vorgesetzte / Teamleiter Index



28

Soziale Unterstützung / Kollegen Index



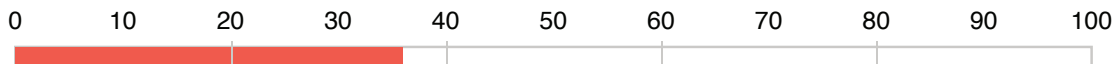
39

Job Sicherheits Index



38

Total



36

Index Summary Legend

0-20 = Wenig oder kein Stress

21-40 = begrenzte Belastung

41-60 = erhöhte Belastung

61-80 = hohe Belastung

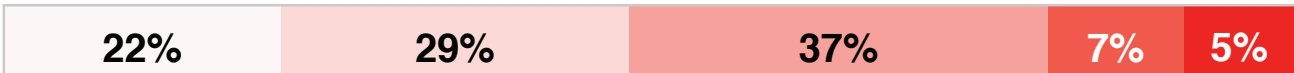
81-100 = Sehr hoher Stress

N = 41



Gruppen Stress Index Summary

Anforderungs-/ Beanspruchungs Index



Aufwand-/ Anerkennungs - Balance Index



Control Index



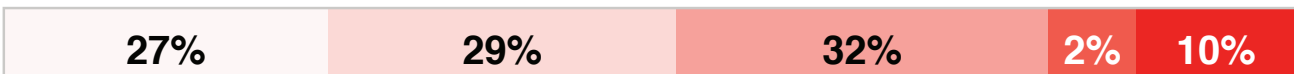
Organisatorische Veränderungen Index



Vorgesetzter/ Teamleiter Index



Soziale Unterstützung / Kollegen Index



Job Sicherheit Index



Total



○ wenig oder kein ● begrenzt ● erhöht ● hohe Belastung ● Starker Stress

N = 41

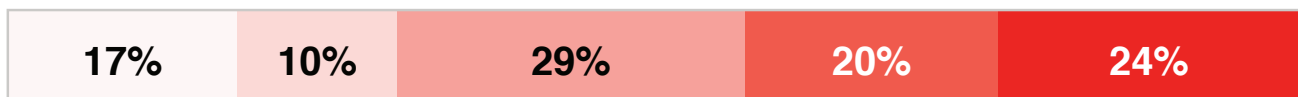
Manufacturing Department



Stress Symptoms

Stress Symptoms Index

Stress is a normal part of life. Stress can be the body's reaction to change that requires an adjustment or response. Many events that happen to you and around you put stress on your body. The body reacts to changes with physical, mental and emotional responses. The human body is designed to experience stress and react to it. Stress can be positive, keeping you alert and engaged. Stress becomes negative when a person faces continuous challenges without relief or relaxation between challenges. As stress-related tension builds, the results can be any of the following symptoms.



Physische Stresssymptome - körperliche Beschwerden, Geringe Energie, Häufige Krankheit.



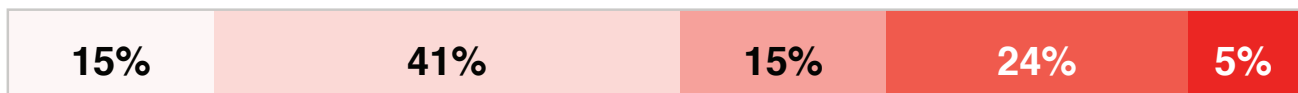
Emotionale Stress Symptome - Reizbarkeit, Gefühl der Überforderung, Launenhaftigkeit



Kognitive Stress Symptome - Konzentrationsprobleme, Gedächtnis/ Erinnerungsprobleme, Entscheidungsschwäche.



Verhalten Stress Symptome - Essen-/ Schlafprobleme, Zögerlichkeit, Nervosität, Agressiv, Zurückgezogen

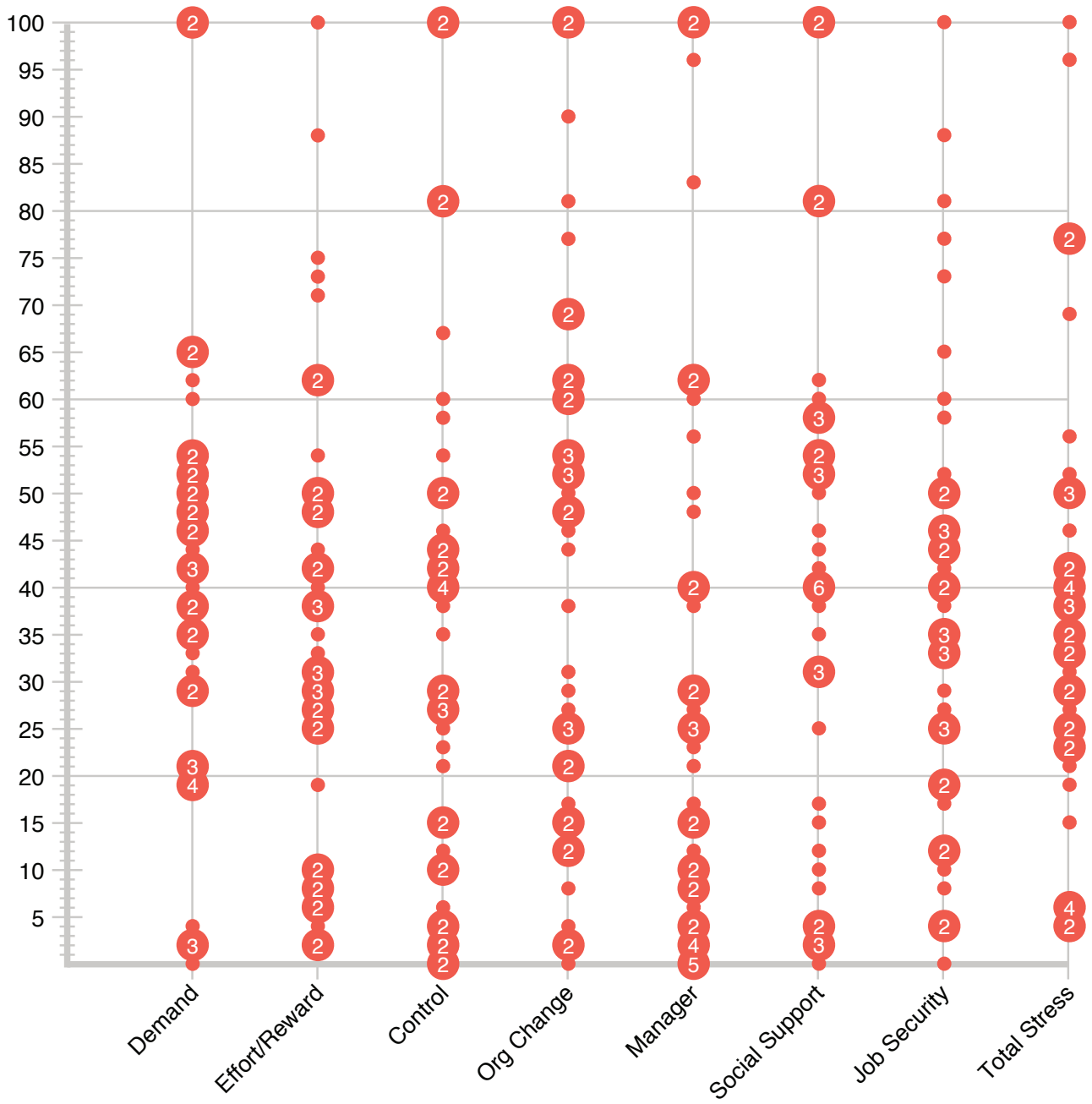


○ Little or No ○ Limited ○ Elevated ○ Significant ○ Severe

N = 41



Group Plot



N = 41